



## Come join the fun---June 22,2024

Ride to Johnston Ridge on Mt. St. Helen's and help keep the bicyclists safe.

Check out the Website at [Tour de Blast](#)

Start at Toutle Elementary School between 8-11:00 am

Last Bike in by 4:00 pm - - -With a Pasta feed from 11:00-5:00

Ride the route and check on any bicyclist that appears to need assistance, (whether physically or mechanically). Stay with the rider in case of illness or injury.

### DO NOT TRANSPORT

Radio ahead to transponders and wait with rider until help arrives if injured or ill.

Be prepared to help pump up tires, (tubes will be supplied).

Sign-Up by May 15<sup>th</sup> and receive a free T-shirt.

For more information or to sign up contact

Rose Hibbs (360)609-4648 or [mrsrhiggs@gmail.com](mailto:mrsrhiggs@gmail.com)

